

Cancer Rules To LIVE By

We have cancer, It doesn't have us! You are NOT alone.

Shopping helps your emotional well-being...so help yourself to some retail therapy.

Love is what we were born with...fear is what we've learned.

Live, Love, Laugh

Have your 'Pity Party'...you've earned the right. Just don't get stuck there.

Life goes on and so will you.

Go to the movies and out to eat... Just pick times when there are no crowds.

Live, Love, Laugh

*Make your 'To Do' list on the days you feel like crap,
And do them on the days when you feel good.*

Attitude is EVERYTHING...keep it positive.

Take a vacation from cancer...designate 'No Cancer Talk' Weekends.

Live, Love, Laugh

Bald is beautiful...and so are you!

A common sense approach to life creates an environment where miracles do happen.

Oh, did I mention...Live, Love, Laugh?

—Thoughts from Sharon, ISD Retiree